

Youth

Utah Pride Center

355 North 300 West, Salt Lake City, UT 84103
(801) 539-8800 ext. 29 or 14
jenny@utahpridecenter.org; jude@utahpridecenter.org
<http://www.utahpridecenter.org>

The Utah Pride Center has a youth activity center, TINT, that provides a safe place for LGBTQ youth ages 14 -20 to hang out with other youth. The Center also provides support groups for youth and their loved ones (including caregivers/parents). The Utah Pride Center also offers support and resources to professionals and caregivers working in youth-centered environments.

OUTreach - Ogden's LGBTQ Drop-In Center

705 23rd Street, Ogden, UT 84401
(801)686-4528
outreachogd@yahoo.com
<http://www.outreach.bravehost.com>

The OUTreach drop-in center is open for teens in the Weber, Davis, and Box Elder counties, who are lesbian, gay, bisexual, transgender, or just have questions about gender and sexuality.

Volunteers of America, Homeless Youth Resource Center

655 South State Street, Salt Lake City, UT 84111
(801)364-0744
<http://www.voaut.org>

Serves homeless street youth ages 16-21. The Homeless Youth Resource Center seeks to engage homeless youth, develop trust through the provision of basic needs, and help them begin the process of moving off the streets and into self-sufficiency.

Caregivers Members

Parents and Friends of Lesbians and Gays (PFLAG)

PFLAG Salt Lake City

1233 S. 1000 E.
Salt Lake City, UT 84105
slcpflag@gmail.com
(801) 244-6423
(801) 975-0735
<http://www.pflag.org>

PFLAG St. George

823 Harrison
Saint George, UT 84790
claudiab@skyviewmail.com

A great resource for caregivers of LGBTQ youth. PFLAG promotes the health and well-being of gay, lesbian, bisexual, and transgender people; their families; and friends through: support, education, and advocacy. Offers support groups for caregivers of

Spiritual Resources

Affirmation: Gay & Lesbian Mormons

PO Box 521106
Salt Lake City, UT 84152
(801)486-6977
<http://www.affirmation.org>

Affirmation serves the needs of gay, lesbian, bisexual, and transgender LDS and their supportive family and friends through social and educational activities.

Family Fellowship

(801) 374-1447
wattsfam@aol.com; <http://www.ldsfamilyfellowship.org>

A volunteer service organization with a diverse collection of Mormon families engaged in the cause of strengthening families with gay members.

Other Resources

LGBTQ Affirmative Psychotherapist Guild of Utah

Contact: Jim Struve; jimstruve@mac.com
<http://www.lgbtqtherapists.com/>

The Guild is a Utah-based, grassroots organization of over 100 licensed mental-health professionals that provide affirming mental health providers

Hotlines

Peer Listening Line for LGBT Youth

1-800-399-PEER

AIDS Hotline For Teens

1-800-234-TEEN

The Trevor Project 24-hour suicide hotline for LGBT youth.

1-800-866-4-U-TREVOR

National Runaway Switchboard

1-800-621-4000

Additional Resources

Gay, Lesbian & Straight Education Network (GLSEN)

<http://www.glsen.org/>

GLSEN is largest national organization that brings together teachers, parents, students and concerned citizens to work together to end homophobia in schools.

Gay-Straight Alliance Network (GSAs)

<http://www.gsanetwork.org>

A youth-led organization that connects school-based Gay-Straight Alliances (GSAs) to each other and community resources.

Gender Public Advocacy Coalition (GenderPAC)

<http://www.gpac.org>

Works to end discrimination and violence caused by gender stereotypes by changing public attitudes, educating elected officials and expanding human rights.

National Youth Advocacy Coalition

<http://www.nyacyouth.org>

Dedicated to improving the lives of lesbian, gay, bisexual, and transgender youth.

Materials For Teens

Books

Fiction

- *Annie on My Mind* – Nancy Garden
 - A story about two high school girls who fall in love. We rate this PG-13 for reference to adult and youth consumption of alcohol and sexual intimacy between the main characters. Of note, this book contains some brief reference to religion and God that could be considered controversial.
- *Two Teenagers in 20* - Ann Heron
- *Hear Us Out! Lesbian and Gay Stories of Struggle* - Nancy Garden

Non-fiction

- *Love Makes a Family* - Gillespie, Weston, Kaeser & Martin
- [*Free Your Mind : The Book for Gay, Lesbian, and Bisexual Youth And Their Allies*](#) - Ellen Bass, Kate Kaufman.
- [*The Advocate College Guide for LGBT Students*](#) - Shane Windmeyer

Trans Specific

Fiction

- *Luna* – Julie Peters
 - Liam is a youth who was born in a male body meanwhile her gender identity is female. Told from the perspective of Regan, the sister of Liam, this book explores Liam's transition. We rate this PG for some language that some might find offensive and reference to human genitalia.

- Parrotfish – Ellen Wittlinger
 - When Angela decides to become Grady, he encounters a wide range of reactions from family, friends, and his school. Although Grady encounters challenges, he also finds some unexpected new friends. We rate this PG-13 for some language that some might find offensive, reference to human genitalia, reference to sex, and some reference to violence.

DVDs

- *The Truth about Jane*
- *No Dumb Questions*
- *TransGeneration*
- *When I Knew*
- *Out of the Past*

Music

- | | |
|--------------------|----------------------------|
| - K.D. Lang | - Brandi Carlile |
| - Rufus Wainwright | - Tegan and Sarah |
| - Indigo Girls | - Melissa <u>Etheridge</u> |
| - Melissa Ferrick | - Sweet Honey in the Rock |
| - Elton John | - Ani DiFranco |
| - Scissor Sisters | |

* The materials on this list are provided as a resource. Inclusion on this list does not indicate that the Utah Pride Center agrees with the views held within these resources. Please review standard rating systems designated to classify suitability for audiences.

Materials For Children

Books

- *King and King and Family* - Linda de Haan and Stern Nijland
- *Mommy, Mama, and Me* - [Lesléa Newman](#)
- *Daddy, Papa, and Me* - Lesléa Newman
- *Its Ok to Be Different* - Todd Parr
- *And Tango Makes Three* - Peter Parnell and Justin Richardson
- *The Family Book* – Todd Parr
- *Gertrude is Gertrude is Gertrude is Gertrude* – by Jonah Winter
- *We Belong Together* – Todd Parr
- *The Boy Who Cried Fabulous* – Lesléa Newma & Peter Ferguson
- *Riding Freedom* – Pam Munoz (for pre-adolescents)

Safe Space Symbols

The following symbols have been adopted by lesbian, gay, bisexual, and transgender people and their allies to communicate affirmation of diversity and the LGBTQ community. Places that are welcoming of LGBTQ people (e.g. restaurants, stores, classrooms, homes, offices, churches etc), will display such symbols to communicate to LGBTQ people that the place is a “safe space” for LGBTQ people and their families.

Rainbow Flag



Double Woman's Symbol



Double Men's Symbol



Pink Triangle



Transgender Symbol

